

# Prevention and Early Intervention Programming COVID-19 Response for Central Region

March 23, 2020

## FAMILY RESOURCE CENTRES

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<b>East Preston FRC</b>  1900 Highway 7 East Preston 902-462-7266	<b>Basic Needs:</b> Door drop off of essential items to families upon request (food, diapers, formula, etc).	
	<b>Parenting Info and Support:</b> Providing support to families via telephone and video calls. Providing contact info to other supports as requested.	
	<b>Crisis Management:</b> Offering video, email and telephone support, centre is closed to community at this time.	
	<b>Other:</b> Has offered to assist in transportation / transportation of supplies. Contact for additional information.	
<b>Bayers/Westwood Family Support Services Association</b>  3499 McAlpine Ave Halifax 902-454-9444	<b>Basic Needs:</b> Care packages, diapers, diaper crème, personal hygiene items, non-perishable food items. Website updated for resources and activities parents can do at home with children.	
	<b>Parenting Info and Support:</b> Providing phone-based Parenting Journey	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b> Staff available by phone to meet needs.	
<b>Eastern Shore Family Resource Association</b>  5228 Highway 7, Porters Lake 902-827-1461	<b>Basic Needs:</b> Door drop off of essential items to families upon request (food, diapers, formula, etc).	
	<b>Parenting Info and Support:</b> Providing phone and video-based Parenting Journey	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Mi'kmaq Child Development Family Resource Centre</b>  2158 Gottingen Street Halifax 902-422-7850	<b>Basic Needs:</b>	
	<b>Parenting Info and Support:</b> Sharing resources and at-home activities via facebook. Communicating with parents via social media and phone	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Mulgrave Park Caring and Learning Centre</b>  57 Jarvis Lane Halifax 902-453-5089	<b>Basic Needs:</b> Door drop off of essential items to families upon request (food, diapers, formula, etc).	
	<b>Parenting Info and Support:</b> Offering phone-based support	
	<b>Crisis Management:</b> Offering phone-based support, centre is closed to community at this time.	
	<b>Other:</b>	
<b>Musquodoboit Valley Family Resource Centre</b>  12280 Hwy 224	<b>Basic Needs:</b> Will provide emergency supports to families upon request.	
	<b>Parenting Info and Support:</b> Providing phone-based Parenting Journey. Providing at-home activities via facebook.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	

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Middle Musquodoboit 902-384-2794	<b>Other:</b>	
<b>PACT</b> 1114 Cole Harbour Rd, Dartmouth 902-434-8952	<b>Basic Needs:</b>	
	<b>Parenting Info and Support:</b> Providing Parenting Journey support via emails, phone and text. Connecting with families via facebook.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Chebucto Family Centre</b> 3 Sylvia Ave, Halifax 902-479-3031	<b>Basic Needs:</b> Door drop off of essential items to families upon request (food, diapers, formula, etc).	
	<b>Parenting Info and Support:</b> Providing Parenting Journey support via phone, email and text. Providing parents with activities and lessons electronically. Providing resources to families via social media.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Fairview United Family Resource Centre</b> 6 Titus St, Halifax 902-443-9569	<b>Basic Needs:</b>	
	<b>Parenting Info and Support:</b> Parenting Journey provided via phone, email, texts and video chat.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Memory Lane Family Place</b> 22 Memory Lane, Lower Sackville 902-864-6363	<b>Basic Needs:</b>	
	<b>Parenting Info and Support:</b> Parenting Journey provided via phone, email and video chat. Family Resource Programming available via phone and email.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Dartmouth Family Centre</b> 107 Albro Lake Rd, Dartmouth 902-464-8234	<b>Basic Needs:</b> Provision of essential items (food, diapers, etc.) tbd.	
	<b>Parenting Info and Support:</b> Parenting Journey provided via phone and video chat, as requested. Remote programming tbd.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	

### PARENTING JOURNEY PROGRAMS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<b>East Preston FRC</b>  1900 Highway 7 East Preston 902-462-7266	<b>Basic Needs:</b> Door drop off of essential items to families upon request (food, diapers, formula, etc).	
	<b>Parenting Info and Support:</b> Providing support to families via telephone and video calls. Providing contact info to other supports as requested.	
	<b>Crisis Management:</b> Offering video, email and telephone support, centre is closed to community at this time.	

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	<b>Other:</b> Has offered to assist in transportation / transportation of supplies. Contact for additional information.	
<b>Bayers/Westwood Family Support Services Association</b> 3499 McAlpine Ave Halifax 902-454-9444	<b>Basic Needs:</b> Care packages, diapers available. Web site updated with resources for parents and activities. Activity packages being dropped off to PJ Homes.	
	<b>Parenting Info and Support:</b> Providing phone-based Parenting Journey	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Eastern Shore Family Resource Association</b> 5228 Highway 7, Porters Lake 902-827-1461	<b>Basic Needs:</b> Door drop off of essential items to families upon request (food, diapers, formula, etc).	
	<b>Parenting Info and Support:</b> Providing phone and video-based Parenting Journey	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Mi'kmaq Child Development Family Resource Centre</b> 2158 Gottingen Street Halifax 902-422-7850	<b>Basic Needs:</b>	
	<b>Parenting Info and Support:</b> Sharing resources and at-home activities via facebook. Communicating with parents via social media and phone	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Mulgrave Park Caring and Learning Centre</b> 57 Jarvis Lane Halifax 902-453-5089	<b>Basic Needs:</b> Door drop off of essential items to families upon request (food, diapers, formula, etc).	
	<b>Parenting Info and Support:</b> Offering phone-based support	
	<b>Crisis Management:</b> Offering phone-based support, centre is closed to community at this time.	
	<b>Other:</b>	
<b>Musquodoboit Valley Family Resource Centre</b> 12280 Hwy 224  Middle Musquodoboit 902-384-2794	<b>Basic Needs:</b> Will provide emergency supports to families upon request.	
	<b>Parenting Info and Support:</b> Providing phone-based Parenting Journey. Providing at-home activities via facebook.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>North End Parent Association Centre</b> 5475 Uniacke Street Halifax 902-492-0133	<b>Basic Needs:</b> Will provide supports to families as requested via email, phone or facebook.	
	<b>Parenting Info and Support:</b>	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	

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<b>YWCA Halifax - SHYM</b>	<b>Basic Needs:</b> Providing groceries and essential supplies to live-in	
	<b>Parenting Info and Support:</b> Daily phone check ins and support as necessary, including live-in support.	
	<b>Crisis Management:</b> <i>This is not publicly accessible</i>	
	<b>Other:</b>	
<b>YWCA Halifax – NSTAY</b> 782-414-7657 <i>Services for youth and families of youth who've experienced sexual exploitation</i>	<b>Basic Needs:</b> Providing food and gift cards	
	<b>Parenting Info and Support:</b> Phone-based support and check-ins. Group meetings facilitated via zoom.	
	<b>Crisis Management:</b> In-person meetings are unavailable at this time.	
	<b>Other:</b>	
<b>PACT</b> 1114 Cole Harbour Rd, Dartmouth 902-434-8952	<b>Basic Needs:</b>	
	<b>Parenting Info and Support:</b> Providing Parenting Journey support via emails, phone and text. Connecting with families via facebook.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Chebucto Family Centre</b> 3 Sylvia Ave, Halifax 902-479-3031	<b>Basic Needs:</b> Door drop off of essential items to families upon request (food, diapers, formula, etc).	
	<b>Parenting Info and Support:</b> Providing Parenting Journey support via phone, email and text. Providing parents with activities and lessons electronically. Providing resources to families via social media.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Fairview United Family Resource Centre</b> 6 Titus St, Halifax 902-443-9569	<b>Basic Needs:</b>	
	<b>Parenting Info and Support:</b> Parenting Journey provided via phone, email, texts and video chat.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Memory Lane Family Place</b> 22 Memory Lane, Lower Sackville 902-864-6363	<b>Basic Needs:</b>	
	<b>Parenting Info and Support:</b> Parenting Journey provided via phone, email and video chat. Family Resource Programming available via phone and email.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	
<b>Dartmouth Family Centre</b>	<b>Basic Needs:</b> Provision of essential items (food, diapers, etc.) tbd.	

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107 Albro Lake Rd, Dartmouth 902-464-8234	<b>Parenting Info and Support:</b> Parenting Journey provided via phone and video chat, as requested. Remote programming tbd.	
	<b>Crisis Management:</b> Centre is closed to community at this time.	
	<b>Other:</b>	

**MEN'S INTERVENTION PROGRAM**

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
New Start	<b>Basic Needs:</b>	
	<b>Parenting Info and Support:</b>	
	<b>Crisis Management:</b> Offering vide counselling on line through Doxy.Me, No app/software installation needed. Office closed until April 6 <sup>th</sup> .	
	<b>Other:</b> Intake by calling main telephone line and leaving a message (902-423-4675). Intake will follow-up by phone.	

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**YOUTH OUTREACH PROGRAMS**

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<p><b>East Preston FRC</b>  1900 Highway 7 East Preston 902-462-7266</p>	<p><b>Basic Needs:</b> Door drop-off of essential items upon request (incl. food).  <b>Crisis Management:</b> Offering video, email and telephone support, centre is closed to community at this time.</p>	
<p><b>Boys and Girls Club of Greater Halifax</b> 60 Farrell St, Dartmouth 902-463-1210</p>	<p><b>Basic Needs:</b> Providing essential items or grocery store gift cards to youth and their families, as needed. <b>Crisis Management:</b> services to youth are being provided remotely and via email or phone. Centre is closed to community at this time. <b>Other:</b></p>	
<p><b>Phoenix Youth Program</b> 122-123 Jarvis Lane, Halifax 902-818-5737 / 1-877-332-3331</p>	<p><b>Basic Needs:</b> Providing essential items or grocery store gift cards to youth as needed. <b>Crisis Management:</b> providing support virtually (phone/email/limited social media), assessing individual need and offering outreach (non-contact) only when absolutely necessary. <b>Other:</b> YOP intake phone is being monitored, questions answered and youth are re-directed to services as required. YOP is not accepting any new referrals at this time but is completing youth intakes that were already underway prior to March 16th.</p>	
<p><b>Native Council of Nova Scotia</b> 129 Truro Heights Road, Truro &amp; 140 Thorne Ave, Dartmouth 1-800-565-4372</p>	<p><b>Basic Needs:</b> <b>Crisis Management:</b> Providing support via phone and video. In-person outreach is unavailable at this time. <b>Other:</b></p>	
<p><b>Leave Out Violence (LOVE)</b> 2171 Gottingen St, Halifax 902-429-6616</p>	<p><b>Basic Needs:</b> Providing grocery gift cards to youth and families in need. <b>Crisis Management:</b> Providing one on one mental health support via phone and online, and running check-ins via program-based facebook groups. In-person outreach and programming is unavailable at this time. <b>Other:</b></p>	
<p><b>YWCA Halifax – NSTAY</b>  <i>Services for youth and</i></p>	<p><b>Basic Needs:</b> Providing food and gift cards <b>Peer Support:</b> Phone-based support and check-ins.</p>	

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<i>families of youth who've experienced sexual exploitation</i>	<b>Crisis Management:</b> In-person meetings are unavailable at this time	
	<b>Other:</b> To contact the program manager, call 782-414-7657. This is her cell number so please do not publicize widely.	

### BIG BROTHERS BIG SISTERS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<b>Big Brothers Big Sisters</b> 86 Ochterloney St, Dartmouth 902-466-5437	<b>Basic Needs:</b>	
	<b>Crisis Management:</b> Providing support and check-ins via phone.	
	<b>Other:</b> Providing relevant information, resources and ideas for at-home activities. Facilitating online activities between mentors and mentees. Mentorship applications are still being processed, via phone and online only.	

### BOYS AND GIRLS CLUBS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<b>Boys and Girls Club of Preston</b> 180 Lower Partridge River Road, East Preston	<b>Basic Needs:</b> Working with families to provide them with essentials and resources at this time, including activities for children.	
	<b>Crisis Management:</b>	
	<b>Other:</b>	
<b>Boys and Girls Club of Greater Halifax</b> 60 Farrell St, Dartmouth 902-463-1210	<b>Basic Needs:</b> Providing essential items or grocery store gift cards to youth and their families, as needed.	
	<b>Crisis Management:</b> services to youth are being provided remotely and via email or phone. Centre is closed to community at this time.	
	<b>Other:</b>	